

# PRESS RELEASE

## Contact information

First Responders Resiliency, Inc.

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## FOR IMMEDIATE RELEASE

Santa Rosa, CA—Build it and they will come—a home for first responders.

Susan Farren, a retired paramedic, was in the process of developing a non-profit called First Responders Resiliency, Inc., when she dreamt of building a place where first responders would feel welcome, safe, and be able to access resources to alleviate the stresses and traumas of their jobs and put them on a path to improving their well-being.

Susan woke up from her dream and realized, “That’s a First Responder Resiliency Center!”

After being diagnosed with kidney cancer and undergoing major surgery in 2016, Susan sold her home in Rohnert Park, California to start the non-profit First Responders Resiliency, Inc. (FRRI). Although she and her team have trained more than 5,000 first responders and their families in only 3 years, her ultimate dream has been to build the first of its kind First Responder Resiliency Center.

This dream is becoming a reality. FRRI purchased 17.75 acres in Cotati, California that will be the future site of a Center. The Center will not only be a home for the training they offer, but will also provide real-time access to wellness and support services so desperately needed by first responders and their families. The Center will include, but is not limited to:

- trauma therapists
- addiction and recovery support
- physical and mindfulness programs
- conference lecture hall
- equine therapy
- cancer support
- family services department
- preventative holistic modalities

First Responders Resiliency continues to pursue funding sources for the \$9 million needed to develop the Center. Donations of all amounts are welcome and special naming and dedication opportunities are available.

*An Evening of Inspiration* fundraiser is being held November 13, 2021, both in-person at the Resiliency Center site and virtually. The event will include a special showing of the short film “Damien” highlighting the work of FRRI, an auction led by State Senator Mike McGuire, and a site tour and elegant dinner for in-person guests. To RSVP for the event, visit [www.resiliency1st.org/inspire](http://www.resiliency1st.org/inspire).

*Founded and operated by first responders, First Responders Resiliency, Inc. (FRRI) is an evidence-based, proactive non-profit organization dedicated to the psychological, neurological, physical, emotional and relational well-being of first responders and their families.*

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