

PRESS RELEASE

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First Responders Resiliency, Inc.

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FOR IMMEDIATE RELEASE

Santa Rosa, CA—Build it and they will come—a home for first responders.

Susan Farren, a retired paramedic, was in the process of developing a non-profit called First Responders Resiliency, Inc., when she dreamt of building a place where first responders would feel welcome, safe, and be able to access resources to alleviate the stresses and traumas of their jobs and put them on a path to improving their well-being.

Susan woke up from her dream and realized, “That’s a First Responder Resiliency Center!”

After being diagnosed with kidney cancer and undergoing major surgery in 2016, Susan sold her home in Rohnert Park, California to start the non-profit First Responders Resiliency, Inc. (FRRI). Although she and her team have trained more than 5,000 first responders and their families in only 3 years, her ultimate dream has been to build the first of its kind First Responder Resiliency Center.

This dream is becoming a reality. FRRI purchased 17.75 acres in Cotati, California that will be the future site of a Center. The Center will not only be a home for the training they offer, but will also provide real-time access to wellness and support services so desperately needed by first responders and their families. The Center will include, but is not limited to:

- trauma therapists
- addiction and recovery support
- physical and mindfulness programs
- conference lecture hall
- equine therapy
- cancer support
- family services department
- preventative holistic modalities

First Responders Resiliency continues to pursue funding sources for the \$9 million needed to develop the Center. Donations of all amounts are welcome and special naming and dedication opportunities are available.

An Evening of Inspiration fundraiser is being held November 13, 2021, both in-person at the Resiliency Center site and virtually. The event will include a special showing of the short film “Damien” highlighting the work of FRRI, an auction led by State Senator Mike McGuire, and a site tour and elegant dinner for in-person guests. To RSVP for the event, visit www.resiliency1st.org/inspire.

Founded and operated by first responders, First Responders Resiliency, Inc. (FRRI) is an evidence-based, proactive non-profit organization dedicated to the psychological, neurological, physical, emotional and relational well-being of first responders and their families.

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